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**December 15, 2012**

**To: AVMA House of Delegates**

**Re: Comment on Proposed Resolution 3**

Dear Delegates,

I am writing to convey strong support for proposed Resolution 3, which recommends that the AVMA adopt a policy stating that homeopathy is ineffective and should be discouraged as a veterinary therapy.

I find especially telling and disturbing the “Standards of Practice” put forth by the Academy of Veterinary Homeopathy (AVH), the sole certifying body for veterinary homeopathy.<sup>1</sup> The AVH stresses that consumers interested in pursuing homeopathic treatment for their animal consult a certified veterinary homeopath (CVH) so that they “will know that the AVH Standards of Practice is (*sic*) being upheld and that their veterinary homeopath is practicing according to the laws of homeopathy.” In fact, all AVH members must agree to the AVH Standards of Practice.<sup>2 3</sup> Considering that the American Holistic Veterinary Medical Association has insisted that so-called “experts” in homeopathy participate in discussions that evaluate the legitimacy or effectiveness of this approach,<sup>4</sup> it would be wise to closely examine the standards that homeopathic experts (CVH) are exhorted to uphold.

Of the 15 standards posted by the AVH, the first 8 suffice to highlight the risk of delivering ineffective healthcare to animals. They also illustrate how homeopathy might harm animals and threaten public health by omitting proven, scientifically based, medical and preventive measures designed to treat illness early and effectively as well as limit the spread of infectious disease.

**Specifically, the AVH Standards of Practice state:<sup>5</sup>**

**1) Only the remedy that is homeopathic to the patient is to be used.**

**2) Drugs and methods of treatment which are not homeopathic to the case are to be avoided because of the possibility of interference with the progress of cure.**

With these recommendations, the AVH is essentially advising veterinarians to avoid vaccines, antibiotics, analgesics, cardiac medications, anti-epileptics, anti-inflammatories, chemotherapeutic drugs, immunosuppressant medications, inhalational anesthetics, and more. This denies animals safe, proven, clinically meaningful treatment and risks spreading communicable and preventable diseases to other animals and humans. The AVH cites the basis of this standard from an early 19<sup>th</sup> century tome: “Drugs, herbs and other forms of treatment prevent cure and cause ultimate harm to the patient.”<sup>6</sup>

**3) Use of acupuncture and moxa is not compatible with homeopathic treatment because of its effect on the vital force of the patient.**

**4) Treatment of symptoms by electrical or electromagnetic application is to be avoided because of its tendency to suppress symptoms in the patient. Use of electricity and effects of magnets are suitable in treatment when administered according to homeopathic indications only.**

The recommendation to exclude therapies based on an abstract concept of “vital force” interference illustrates how unscientific thought from a bygone era continues to influence those who use homeopathy today.

**5) Only one homeopathic medicine is to be given at one time.**

In practice, this standard of practice translates into a homeopath guessing at a remedy, treating an animal with a treatment indistinguishable from a placebo for several weeks or months while withholding appropriate medications. If the animal fails to improve, the homeopathic veterinarian attempts to cure with another placebo for several weeks. How long must an animal suffer before known and effective care is offered? Sometimes such “trials” continue for months, thereby diminishing conventional care options by allowing illnesses to worsen and pain to reach unbearable levels.

**6) Medicines are most suitably given by mouth.**

This directive, adapted like the others from an early 19<sup>th</sup> century homeopathic text<sup>7</sup>, was formulated prior to the development of the modern hypodermic needle in 1853 and the disposable syringe in 1956.

**7) The patient should receive nutritious food that does not, in itself, have medicinal effects.**

This standard contradicts the advances made by nutritional medicine and the research performed on therapeutic diets for organ failure or nutrient intolerance, posing further harm for animals by denying them preventive and restorative dietary modifications.

**8) Symptoms on the skin or surface of the body that have expressed as a localized lesion are not to be treated in a vigorous way with the intent to cause their disappearance or by surgery to remove them. These are to be treated primarily by internal homeopathic treatment.**

Recommending that veterinarians allow skin lesions to grow robs the animal of effective treatment for known dermatologic conditions. Cancerous lesions that could have been cured with early intervention may enlarge or metastasize, requiring painful, costly, and invasive care or palliation. This error of omission stems from an early 19<sup>th</sup> century idea, now perpetuated by the AVH: “Hahnemann explains that local lesions are expressions of internal disease and that eradication of this expression before the internal disease is treated curatively harms the patient and makes curative treatment impossible.”<sup>8</sup> As the Iowa Board of Medicine contends, “The public needs to be informed that this practice [homeopathy] may not be useful and that it may divert individuals from other, more efficacious modalities of care while taking precious time for homeopathy to take effect. In addition, patients may spend considerable money for treatments that may not be effective. The Board’s position is ‘buyer beware’.”<sup>9</sup>

## **Conclusion**

In summary, the Standards of Practice put forth by the AVH to be upheld by all members, including its “most expert” certified veterinary homeopaths, recommend that veterinarians commit serious, potentially life-threatening errors of omission that pose substantial risk to both animal and public health. By upholding this resolution, the AVMA will send a clear message to consumers about the risks to which they expose their animal and, possibly, themselves if they opt for what is essentially placebo medicine in place of effective, modern, scientific healthcare.

I appreciate this opportunity to provide input. If my further discussion is needed or desired, please do not hesitate to contact me by email at [Narda.Robinson@colostate.edu](mailto:Narda.Robinson@colostate.edu) or by telephone at 970-297-4202. Thank you.

Sincerely,

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Assistant Professor of Complementary and Alternative Medicine

## References

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<sup>1</sup> The Academy of Veterinary Homeopathy (AVH) web page. Why Should I Become a Certified Veterinary Homeopathy? <http://www.theavh.org/certification/index.php> .

<sup>2</sup> The AVH web page. <http://www.theavh.org/referral/index.php>.

<sup>3</sup> The AVH membership application.

<http://www.theavh.org/documents/AVH%20Membership%20app.pdf> . The application form states, “Our organization is founded on these principles and the preservation of proper application of homeopathic principles is our cornerstone... We have found that the correct application of these principles creates a higher level of success in homeopathic practice... We do not require our members to practice homeopathy to the exclusion of other modalities but we do require that, in cases where homeopathy is used, it be used according to these principles.”

<sup>4</sup> American Holistic Veterinary Medical Association website homepage. <http://www.ahvma.org> .

<sup>5</sup> The AVH web page. Standards of Practice and Purpose of the Academy of Veterinary Homeopathy. <http://www.theavh.org/referral/sop.php>.

<sup>6</sup> The AVH membership application.

<http://www.theavh.org/documents/AVH%20Membership%20app.pdf> . Original reference cited by AVH as Hahnemann S. *Organon of Medicine*, 6<sup>th</sup> edition, paragraphs 23, 25-45, 69, and 291.

<sup>7</sup> Hahnemann S. *Organon of Medicine*, 6<sup>th</sup> edition. Denoted in the AVH Standards of Practice as their main source. 1<sup>st</sup> edition, 1810; 6<sup>th</sup> edition, completed in 1842. Translated into English by Naude A, 1982.

<sup>8</sup> The AVH. Member Application form, available at

<http://www.theavh.org/documents/AVH%20Membership%20app.pdf> .

<sup>9</sup> Iowa Board of Medicine. A policy statement on homeopathy. Approved by the Board on June 28, 2001. <http://medicalboard.iowa.gov/policies/homeopathy.html>